Thank god it's over - The role of stress in IT project management

In nearly all IT projects, project managers experience significant pressure when projects are running out of time or budget. As a result, IT project managers might suffer from stress, in worst case leading to burnout or similar diseases, which again has a negative impact on IT project success. Thus, stress seems to be an important influential factor of IT project management success. However, at the same time, the role of stress does not seem to receive much attention in IS research in general and in the domain of IT project management in particular.

The thesis’ main objective is to examine the role of stress in IT project management. Thus, the student is expected to review established theories for explaining the concept of stress originating in other disciplines as well as approaches that already exist in IS research so far. By adapting one (or several) established reference theories for explaining stress to the IS domain while considering existing IS research on that topic, a conceptual model for explaining the role of stress in IT project management should be developed. As a first step towards an in-depth empirical validation, the model should be discussed with a number of IT project managers and continuously be improved on the basis of the interview data gathered. Furthermore, the model should be translated into a survey instrument that should be pre-tested within a pilot group.

Recommended Literature:


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